

What is a clinical trial?

Who are we?



The Clinical Trial Professionals

A clinical trial is a research study designed to answer specific questions about investigational treatments or investigational ways of using established treatments. While in a clinical trial, participants follow a protocol (study plan) and are seen regularly by the research staff to monitor their health and to determine the safety and effectiveness of their study therapy.

Our center conducts clinical research to evaluate the safety and health effects of food and investigational drug products. This 3,600 square-foot clinic is located at 211 E. Lake Street in Addison, Illinois.

While the site has a special emphasis on cholesterol management, we also conduct trials in clinical nutrition, obesity, diabetes and other conditions. Our research team is comprised of personnel trained in research quality standards, and adhere to the regulations and guidelines of the Food and Drug Administration and Good Clinical Practice.

Know the facts!

Your guide to the most frequently asked questions about participating in a clinical study


What happens during a Clinical trial?

Once it is determined that you meet the qualifications for the clinical trial and give your consent to participate, you will be given a structured program to follow. All of the costs of your study treatment are covered by the organization sponsoring the clinical trial.



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FAQ: Clinical Trials

What can I expect?

All procedures relating to the study will be explained to you, the amount of time necessary to commit to the study will be discussed, and that there will be no cost to you.

Why should I participate in a clinical trial?

Participants may receive study related physical exams, laboratory tests, dietary counseling, and study medications and gain a better understanding of their medical condition. Study subjects may gain access to investigational treatments that are not available to the public. Participation in a clinical trial may not benefit you directly but, in the future, may help people who have the same disease or condition.



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Do I get paid for participating in a research study?

Some studies compensate participants for the time they spend participating in a trial; generally this amount is given to cover expenses for parking, transportation, meals, and possibly for lost work time.

Will I know what study treatment I am on?

You may or may not know which study treatment you are on during the trial. For blinded studies you will find out what study treatment you received when all of the participants have completed the trial.

What happens when the clinical trial is finished?

After a clinical trial is completed, the data are analyzed. If the results show that the study therapy works at least as well as established treatments, the sponsor may submit it to the FDA, requesting approval to make it available to the general public.

Will I see my results?

Results may or may not be shared and explained to you when they become available. There may be studies for which you will not see some of your results until all subjects are finished.

Will you keep my regular doctor informed about my test results?

Yes, with your permission, we will share your test results with your doctor. You will continue to see your doctor for routine medical care.



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